



CCIS **NOTES**

September/October 2024

CCIS volunteers continue to serve international graduate students, visiting scholars and their families at Stanford University. Read about some of our programs and events!



"Notes at the Top"

Jeff Greenwald - President of CCIS

So busy.....

We are all so busy! Many of our CCIS volunteers tell me how over- scheduled and busy they are! Between family commitments, grandchildren, managing finances, meeting with English in Action partners, attending Wednesday morning coffees, responding to email, paying bills, doctor appointments, watching a sporting event (or two!) on tv, reading a book, other volunteer activities, calling a friend, going to Starbucks or Peets for a latte, attending church or synagogue every so often,

Where in the world does one ever get the time to simply sit and think about life, or smell the roses, perhaps plan a vacation, maybe tick off something on your bucket list, or maybe even write a letter to someone and tell them you are thinking of them. (do I even know where I put those USPS postage stamps?!)

Life is about being busy but it's also about sifting through the "have-to-dos", the "nice-to-dos", and the "must dos."

We so appreciate you making CCIS a priority in your lives, making our Stanford student community such a part of your must-dos, and not because it is a “nice-to-do” but because the student community adds quality to all of our lives. And they do thank you and appreciate you, and so do we. So from the Board to all of you, ...thank you.

Jeff Greenwald, President

**Thanks for being a part of CCIS and supporting our
International Community at Stanford.**

president@ccisstanfordu.org



International Spouse Coffee

September 25 kick-off

A special welcoming event

Spouses and volunteers gathered on a warm morning to enjoy the first "official" gathering of the fall quarter. Kate Khatseyeva welcomed the group and explained the vision of this popular program.



Upcoming programs for this quarter will be fun and a great way to learn about other cultures. The programs are held at Bechtel at 10:30 on Wednesday mornings.

- October 9- Lunar Autumn Full Moon Festival
- October 16- Mehregan Persian Fall Festival
- Oct 30- Halloween & pumpkin decorations
- Nov 6- Diwali
- Nov 20- Thanksgiving
- Dec 4- Volunteer appreciation party
- Dec 11- Holiday event

Global Chefs

For Internationals and CCIS Volunteers - Dinner preparation

Come join the team of internationals and local CCIS members as we prepare a delicious meal together. Enjoy the fun as team members share recipes and cooking techniques, make new friends, and chat about food and family in a lively and engaging setting.

Cooking starts at 2 pm. The free dinners are available for international students and their families.

Tooran Oshikoji is the CCIS chair of this program. Let her know if you would like to help cook. Tooran can be reached at 650-740-0352 or gc@ccisstanfordu.org

Schedule for Fall 2024

5:30- dinner is served

Friday October 11 (no cooks needed)

Friday November 8

Friday December 6



Programs needing volunteer participants

English in Action

English in Action (EIA) is a unique program that pairs international graduate students, scholars, post-doctoral researchers and their spouses with community volunteers for weekly meetings to engage in English conversation and learn about American culture.

Weekly meetings averaging one hour or more can be in person or using video chat like Facetime, Zoom, etc. Scheduling is flexible as long as the meetings average one hour each week.

Partners sharing similar interests, occupations, educations, and gender are matched. EIA partners often become lifelong friends. EIA is actively recruiting volunteers. Please consider this exciting opportunity to broaden your perspective and to make new friends.

For more information see: <https://ccisstanfordu.org/english/englaction.html>

A word from the editor

As the newsletter editor, I hope you will enjoy learning more about what's happening at CCIS. Your feedback is welcome--send an email to notes@ccisstanfordu.org.

Pamela Baird

CCIS is a 501(c)(3) non-profit organization.

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[The Community Committee for International Students at Stanford University](#)*

*For more information contact-
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